

The only device for

## GYM / FITNESS ROOMS

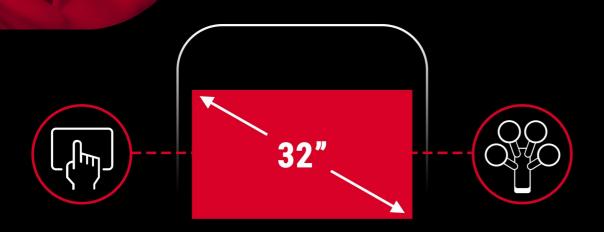
That allows you to warm up the upper part of the body







## 32-inch touch control screen or pad control



## **8 different workouts**

including a warm-up program and several challenge programs







SPEED TEST

Cardio / Endurance



Incredibly efficient Cardio **training** 

5 minutes exercise with device equals 20 minutes spent on the treadmill







Ideal for both beginners and fully advanced users - the user of the device picks the pace of the training



## Very small dimensions of the device: 130 cm x 90 cm x 190 cm

